



14th July 2021

Dear Parents/Carers

POSITIVE CASE OF COVID-19 IN CLASS 5C

We have been made aware that we have another confirmed positive case of coronavirus (COVID-19) in **Class 5C** at Delapre Primary School.

We have followed the national guidance and, following a risk assessment with Public Health England (PHE) advisers, we have identified that your child has been in close contact with the affected person. In line with the national guidance they **will need to stay at home and self-isolate up to and including Thursday 22nd July**. This, sadly, means they are unable to return to school until after the Summer Holidays, in September.

With regard to home learning during next week, please see the following information:

Remote learning: During the isolation period, your child will need to access their Teams Home Learning programme and complete remote learning tasks. These will be provided by our staff. If they have any difficulties accessing resources, please email the **class email address** (which will be reinstated for this class) which has been shared previously, or contact enquiries@delapre.northants.sch.uk for assistance.

If your child is well at the end of the 10 days' period of self-isolation, then they can return to their usual activities, outside of the home, **on Friday 23rd July 2021**.

****PLEASE NOTE – IF YOUR CHILD IS ALREADY SELF-ISOLATING
THEIR SPECIFIC DATES DO NOT CHANGE**

Other members of your household can continue normal activities **provided your child does not develop symptoms** within the 10-day self-isolation period. This includes any siblings – they **DO NOT** need to isolate unless they develop symptoms.

IMPORTANT CLARIFICATION OF SELF-ISOLATION FOR CLASS PUPILS IN CLOSE CONTACT:

What does self-isolating mean?

If you have been told to self-isolate, you will need to get to the place you are going to stay using your normal mode of transport, **once there remain indoors and avoid contact with other people**. This will prevent you from spreading the disease to your family, friends and the wider community. In practical terms, this means that once you reach your residence you must:



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- **stay at home, not go to work, school or public areas**
- **not use** public transport like buses, trains, tubes or taxis
- **avoid** visitors to your home
- ask friends, family members or delivery services to carry out errands for you - such as getting groceries, medications or other shopping

If this restriction makes it difficult for you to bring/collect any other children that attend Delapre, please ring the School Office.

It is imperative that your child remains at home during this period and does not leave the house or, especially, enter school premises or public places.

Please see the link to: Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person

<https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>

Getting a PCR test for a close contact of a case?

It is now also possible for close contacts to have a PCR test even where they do not have symptoms through [Get a free PCR test to check if you have coronavirus \(COVID-19\) - GOV.UK \(www.gov.uk\)](https://www.gov.uk/get-a-free-pcr-test-to-check-if-you-have-coronavirus-covid-19) or by calling 119. In some areas you may be encouraged to do this by your local authority or local health protection team.

Please note: if your child has a negative PCR test result this does not alter the self-isolation period as a contact. Close contacts should continue to self-isolate for 10 full days, as they could still become infectious and pass the infection onto others. Please make sure you read the full text message from NHS Test and Trace when receiving a negative result. This makes clear that you do not need to self-isolate **unless** 'you've been told to self-isolate because you've been in close contact with someone who tested positive' [Negative test result for coronavirus \(COVID-19\) - NHS \(www.nhs.uk\)](https://www.nhs.uk/news/2020/11/negative-test-result-for-coronavirus-covid-19).

What to do if your child develops symptoms of COVID-19 or has a positive PCR test result (above)

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the day after their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119. **Please inform us at school if your child develops symptoms by emailing:- covid19@delapre.northants.sch.uk**

People who do not have symptoms or have not tested positive using a Lateral Flow Device should not request a PCR test unless this has been specifically requested by Public Health England or the local authority.

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All other household members who remain well must stay at home and not leave the house for 10 days. This includes anyone in your 'Support Bubble'.

The 10-day period starts from the day after the first person in the house became ill. Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able to, you can move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period. If that is not possible, anyone with symptoms should try and stay as far away as possible from vulnerable members of your household.

Please see the link to the PHE 'Stay at Home' Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

Symptoms of COVID-19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the [nhs.uk](https://www.nhs.uk) website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

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If anyone in your household has a positive Covid-19 test, please email the school with a copy of the confirmation to:

covid19@delapre.northants.sch.uk

Further Information

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

As ever, we appreciate your support.

Yours faithfully

A handwritten signature in black ink, reading "H Portrey" in a cursive style.

H Portrey
Headteacher